Programs and Events
April 2019

The Garden of the Gods Adventure Series is an array of exciting monthly presentations, classes, demonstrations, walks and hikes featuring top naturalists, interpreters, historians and special guests. Questions? Call (719) 219-0104 or email programs@gardenofgods.com
www.gardenofgods.com

Bean Sprouts Kitchen: Cooking With Kids
Saturday, April 6, 2019, 10:30 am-11:30 am
$30 for one adult and one child, $10 for each additional child
reservations required at www.gardenofgods.com
Come join us to create yummy-good for you food! You will get to make some of the award-winning items from our Imaginibbles menu. Bean Sprouts Kitchen brings the magic behind Bean Sprouts’ award-winning kids’ café menu to parents, kids, and chefs of all ages. The cookbook features tried-and-true tips for making mealtime hip and healthy with 60 creative and wholesome recipes that families will love to prepare and eat. This class is for kids aged 5 and up, accompanied by a parent. Be ready to pick out your own fun and creative Bean Name!

Knitting With A View
Sunday, April 14, 2019, 1:00 pm-3:00 pm
$5 per person, reservations required at www.gardenofgods.com
Come join us for a relaxing afternoon of knitting or crocheting at the Garden of the Gods Visitor and Nature Center. Meet fellow hand-crafters and enjoy the best view in Colorado Springs! This is an informal gathering, and not a structured class. Bring your own projects, and/or make an easy charity project. Jennifer Heiny, Park Interpreter, and an experienced knitter and crocheter, will be on site to answer yarn or Garden of the Gods questions. The group will meet in Bean Sprouts Café at the Garden of the Gods Visitor & Nature Center. Participants will receive a 25% discount on beverages purchased at Bean Sprouts Café during the program.

History of Climbing in Garden of the Gods
Sunday, April 14, 2019, 1:00 pm-3:00 pm
$5 per person, reservations required at www.gardenofgods.com
Meet rock climber and author Stewart Green to learn about the history of climbing in Garden of the Gods Park. The Garden of the Gods is considered one of the first technical rock-climbing areas in the United States, with routes established as early as 1910. This program details the origins of climbing in the park, and some of the famous climbers who explored here. This program starts with a presentation in the Red Rocks Room, followed by a hike to view climbing routes in the park. Dress for the weather, wear sturdy hiking shoes, and bring water, a hat and sunscreen.

Hike with a Naturalist
Friday, April 26, 2019, 5:30 pm-7:30 pm
$5 per person, reservations required at www.gardenofgods.com
Join lead naturalist and Operations Administrator, Bret Tennis on a 2.5 mile hike from the Visitor and Nature Center through the Central Garden. The focus will be on the nature behind the park designation of National Natural Landmark. Bring your questions! Cameras and binoculars welcome. Dress for the weather with hiking shoes, and bring a hat, water and sunscreen.

Geology Hike
Saturday, April 27, 2019, 9:00 am-12:00 pm
$5 per person, reservations required at www.gardenofgods.com
Hiking through the Garden of the Gods presents a unique opportunity to understand not only the geology of the Garden but the general geology of the entire Front Range. Please join us for a hike with geologist Jay Temple to learn more about these beautiful rock features. This program starts in the Red Rocks Room at the Garden of the Gods Visitor & Nature Center followed by a 2-3-mile hike into the park. Dress for the weather, wear hiking shoes, and bring a daypack with water, snacks, a hat and sunscreen.
**FREE Presentations**
FREE short educational presentations are provided by dedicated and knowledgeable park staff and volunteers. This schedule is subject to change. All FREE Presentations are in the Red Rocks Room unless otherwise noted. Questions? Call (719) 219-0108

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<th>Day and Date</th>
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| Daily        | 10:00 am and 2:00 pm | FREE Guided Nature Walks  
Join a short nature walk guided by park staff or volunteers. Weather dependent. Walks start on the Central Garden Trail at parking lot #2 (North Main Lot) in the park. |
| Mondays      | 11:00 am   | The Noisy Magpie-A Real Bird Brain  
What is that black and white bird with the long tail? Join us to learn more about these intelligent birds that have a lot of character. Presented by Carol Wilcox |
| Mondays      | 12:45 pm   | Bighorn Sheep-Monarch of the Mountains  
Join us to learn about Colorado's state mammal while using optics to look for these majestic animals from our deck. Presented by Michelle McMurrey |
| Wednesdays   | 4:00 pm    | Rattlesnakesss  
Join us to learn about the most dangerous and most misunderstood reptile of the American West. Presented by Jane Gasko |
| Fridays      | 10:00 am   | Preschool Program, Storytime and Craft  
FREE but reservations required by calling (719) 219-0108. Join us for this fun, free educational program for ages 2-5. Story reading followed by a take home craft. |
| Fridays      | 3:00 pm    | Growth of a Garden  
Join Park Interpreter Brook Cruz to learn about the history of Garden of the Gods Park and how it changed over the years. |
| Saturdays    | 10:30 am   | Introduction to Archeology  
Learn how ancient cultures are identified by the artifacts they leave behind. Presented by Park Interpreter Andy Rizzo. |
| Saturdays    | 11:30 am   | Pikes Peak or Bust: the Gold Rush  
Come learn about the Colorado Gold Rush of 1859, and about the mining towns that boomed and died as a result. Presented by Paul Roberts |

**FREE Weekly Fitness Activities:**

**Wellness Walk**
Wednesday 9:00 am  
Group meets in the lower lobby at the Garden of the gods Visitor Center. Maps are provided for a 1, 2, or 3 mile walk in the Garden of the Gods Park. Register in person.

**Gallop in the Garden Weekly 5K Fun Run/Walk**
Thursday, 4:00 pm-6:00 pm  
A fun way to get in your weekly 5k walk, hike or run. Maps for 5k routes provided at check-in. Earn fun prizes from our sponsors, or complete 10 runs to get a Gallop in the Garden shirt for only $10!  
Register in person, in the lower lobby.